Increasing Capacity and Throughput in Dumfries & Galloway's Community Rehab Pathway







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Background and Summary

The purpose of this project is to map the existing rehabilitation workforce, review and develop pathways and introduce innovation to improve patient rehabilitation experiences and outcomes in D&G. The 'Rehabilitation & Recovery – a person centred approach (June 22)' has been cited as providing an over-arching framework for understanding good rehabilitation services and will provide a benchmark for this project.



Methods

- 1. Scoping AHP staff to better understand our staff group's perceptions and experience of rehab.
- 2. Establishing referral guidelines for the Regional Rehab service.
- 3. New pathway for patients referred for falls.
- 4. New pathway for patients with LTCs initially looking at the Parkinson's group.

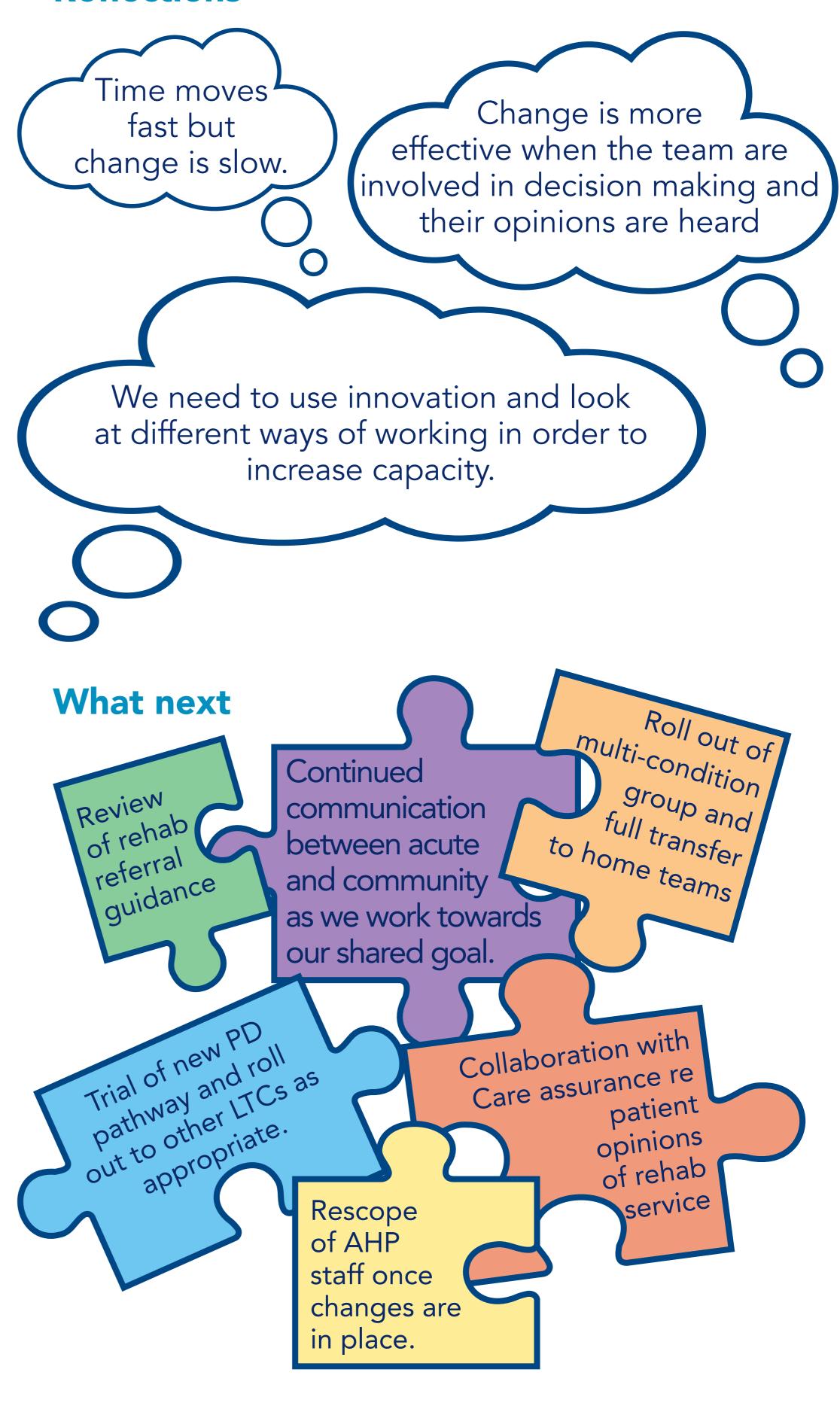
What happened?

- 1. MS Form to all AHP staff
- 2. Evaluation of current services, referral pathways and waiting times
- 3. Collaboration with other rehab services re falls/ PR/CR classes to streamline and allow wider geographical provision of services.
- 4. Engagement with wider MDT involved with Parkinson's patients leading to proposed new pathway for patients.

Conclusions

This project has identified the need for ongoing development of our rehab services in order to reach a point where we can facilitate a seamless transition from acute to community services, with enhanced relationships with council and 3rd sector services to ensure the patients rehab journey continues beyond their NHS input.

Reflections



Reference

Rehabilitation and Recovery: A Once for Scotland Person-Centred Approach to Rehabilitation in a Post-Covid era, Scottish Government, June 2022.