

# LET'S STAY "CARE" HOME

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## Project Aim

To reduce A&E attendances by 50% from care home patients with reduced mobility by July 2025 in line with My Health, My Care, My Home- Healthcare Framework for adults living in care homes.

## Method

- Introduction of weekly routine physiotherapy input where care home staff highlight patients to be reviewed by the physiotherapist/ require physiotherapy input.
- Patients details and description of input required placed on sheet within a specific folder which is then checked on a weekly visit by physiotherapist.
- Feedback then given verbally to care home staff as well as referral sheet updated and Morse note on NHS file.

## Why?

- Decrease transporting patient unnecessarily
- Improve patient centred care
- Allow patients to remain in their own environment for assessment and treatment
- Decrease admin time from referrals for care home staff allowing for more patient contact time

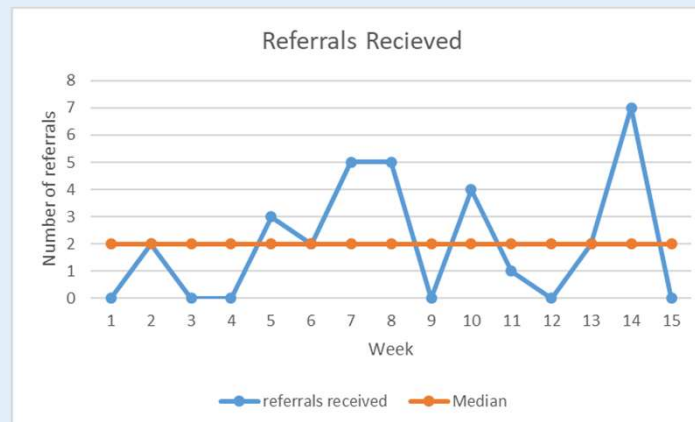
## Feedback

The continuity of having the same people making assessments, reviews and exercises aids good communication ensuring the correct support for the person

Having physio attend weekly has been very beneficial to the people we support

Great and positive effect by being able to visit in house

## Results



## Outcome

The introduction of weekly physiotherapy input in both care homes within the Rhins locality has been well received by both patients and staff. The number of referrals has been shown on the results graphs the weeks where no referrals have been received have been where there has been annual leave from myself. The number of referrals received also depend on staff member on duty when the physiotherapist attends the care home, but as the service continues to develop more staff are becoming aware and highlighting patients appropriately.

## What next?

- Continue to work weekly with both care homes in the Rhins locality to assess and treat patients.
- Collecting data of referrals made to allow to analyse and continued service development
- Meeting planned with the care home tactical team to discuss project and future service improvement.

